



## Immune Mediated Hemolytic Anemia - An Overview

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### *Abstract*

Red blood cells are destroyed as a result of the immune system illness known as immune-mediated hemolytic anaemia (IMHA). It is a disorder that can affect dogs, cats, and other animals; however, it is uncommon and could be fatal. An overview of IMHA, including its causes, symptoms, diagnosis, and treatment, is given in this article. In order to increase the likelihood of a successful outcome, it also covers the significance of early detection and treatment.

### **Introduction**

In IMHA, the body's immune system targets and obliterates its own red blood cells. Anemia, jaundice, and other symptoms may occur from this. Primary and secondary IMHA are the two primary categories. Secondary IMHA is brought on by an underlying illness, such as cancer or infection, whereas primary IMHA is idiopathic, meaning that its aetiology is unknown. If not addressed, both kinds have the potential to be fatal.

IMHA symptoms can include weakness, lethargy, pale gums, skin or eye yellowing, and breathing difficulties. Imaging scans, blood testing, and physical examinations are frequently used to diagnose IMHA. Blood transfusions, immunosuppressive medications, and supportive care are available as treatments.

Complex factors, like as genetic predisposition, viral infections, medications, and toxins, might contribute to IMHA. IMHA may be more likely to develop in several canine breeds, including Cocker Spaniels, Poodles, and Old English Sheepdogs. In addition, the emergence of secondary IMHA has been



linked to the use of several pharmaceuticals, including antibiotics and non-steroidal anti-inflammatory drugs (NSAIDs).

It can be difficult to treat IMHA and may require a combination of drugs, blood transfusions, and supportive care. To suppress the immune system and lessen the destruction of red blood cells, immunosuppressive medications are frequently used. Examples include corticosteroids and cyclosporine. Corticosteroids may be used with other immunosuppressive medications, such as azathioprine or mycophenolate mofetil, in severe situations. Red blood cell transfusions could be required to restore lost amounts and keep tissues' oxygen levels up.

The prognosis for IMHA can vary and may be influenced by things including the degree of anemia, the underlying aetiology of the illness, and how well a patient responds to treatment. In some circumstances, managing the condition in animals may need long-term or even lifelong treatment. For the best results, monitoring and care after treatment are crucial.

In conclusion, canines, felines, and other animals may be afflicted by immune-mediated hemolytic anaemia. To increase the likelihood of a favourable outcome, early detection and treatment are crucial. If owners believe their pet may be suffering with IMHA, they should be aware of the signs and seek veterinarian care right away. Depending on the disease's severity and underlying cause, each patient should receive a unique course of treatment. To guarantee the best outcome for injured animals, careful observation and aftercare are crucial.

### **Conclusion**

IMHA is a dangerous disorder that needs to be identified and treated right away. Early detection and treatment can raise the likelihood of a positive outcome. If owners believe their pet may be suffering with IMHA, they should be aware of the signs and seek veterinarian care right away. Depending on the disease's severity and underlying cause, each patient should receive a unique course of treatment. To guarantee the best outcome for injured animals, careful observation and aftercare are crucial.

### **References**

Barker, E. N., Mackin, A. J., & Ramsey, I. K. (2004). A review of autoimmune haemolytic anaemia in the dog. *Journal of Small Animal Practice*, 45(2), 93-108.